

Integrated Hypnotherapy and Past Life Regression(PLR) Practitioner Training

- 2020 BATCHES-

April 25-29, 2020

August 15-19, 2020

December 25-29, 2020

Bangalore, India
100% Residential
All costs covered!



Join Us and Leap Ahead

Launch your professional career as a
Therapist.

Learn the latest and the most
advanced tools and techniques from
one of the Best Trained
International Healer.



IPHM

Holistic Accreditation Board

**APPROVED
Training Provider**

Approved by the International Practitioners
of Holistic Medicine



Soul Consciousness Lab ®
Sahaj Healing

Sarjapura Main Road,
Bangalore, India



*International Practitioners Of Holistic
Medicine*

THIS IS TO CERTIFY THAT

Soul Consciousness Lab

HAS BEEN ACCEPTED BY IPHM & AGREES WITH OUR CODE OF ETHICS AND IS CLASSIFIED
AS

APPROVED EXECUTIVE TRAINING PROVIDER

AUTHORISED BY IPHM DIRECTOR
www.iphm.co.uk
Ref: IPHMNC3570

Lisa Elsworth



VALID UNTIL: SEPTEMBER 2020

Consciousness Lab



“Voted by Participants as the ...

#1 "Best Training you can ever attend in Life." Rated 5-STAR



Please Read a very brief snap of what Student's have said.. Do watch and read all the extensive feedback on YouTube, Google, Facebook as well

"FEEDBACK FOR PROFESSIONAL PLR TRAINING"



Dr Mohanath Mishra,
Ex Add. Commissioner of
State GST, Bihar

Years ago after my amazing personal experience of past life regression therapy , which healed me, with Mrs Rashhi Sharma, I have decided to extend my services to the society as PLR Therapist after my retirement from Government job. Till Mrs Rashhi Sharma kindly decided to start training of PLRT, i was in search mode. I have tried my level best to get knowledge and some learning about PLRT. Finally , Mrs Rashhi Sharma decided to start training program under "Soul consciousness lab (IPHM, England approved Training) ". First training was held from December 20 to 24 , 2019. Name of the course was, " Integrated Hypnotherapy and past life Regression practitioner training " and I have been awarded certification of " Past life Regression Therapist " which has International recognition by IPHM, England . This is first in India to provide such valuable certification . I have learned each and every tool and technique in this training . Though certificate is of only 50 contact hours, but it went beyond 70 hours. 14 hours per day. In that respect , it was very hard time for trainees , at least for myself . But the hard work and dedication of Mrs Sharma made it possible. Whole of the training was designed to learn everything which one good therapist should know before serving society as PLR herapist .Today, i am confident to start my new inning in life as PLR Therapist . Moreover , whole of the training was full of unfolding spiritual world and the truth about universe . I am thankful to soul consciousness Lab to select me as trainee in First batch . Thanks to Mrs Rashhi Sharma , Mr Prince Sharma and all other 11 participants for their kind co operation , all the love and affection they extended to myself in this amazing journey . Having Mrs. Rashhi Sharma as Mentor , I am sure , Soul Consciousness Lab will be most preferred Institution in near future , for learning PLRT in the world .

Namaste.

Mohanath Mishra,

YOS-MIS.-

Dr Mohanath Mishra, Ex Additional. Commissioner of State GST, Bihar





Gurminder Matharu,
Country Head, MNC

The workshop with Rashhi was amazing learning experience and an eye opener into the healing hypnosis through pastlives. she has immense knowledge about the subject and was able to guide us through practical PLR The location, the training schedule, the way of working was all well planned and timed. I am glad to be associated with her and being a part of this workshop.. .. I give 5 STARTS to Rashhi Sharma.

- POSTED on FACEBOOK & Google, Youtube



Kuunal Dawar,
Founder and CEO,
Colossus Fashion

It was the most intensive training I have ever attended in my life. Being an ex-researcher. I did a thorough research and found Rashhi to be the most qualified and genuine Therapist of India, just look at the people she has been trained with! There is no Training or workshop which I have not attended in Past, no book that I have not read, and had watched 1000's of YouTube videos.. still I was unable to connect the dots. This was the only training which was able to provide me all the answers. Rashhi is an amazing healer, a real spiritual person, most knowledgeable teacher. There was no day when we have not started @9am and stopped @12 PM. There was knowledge everywhere, it was overwhelming.. I am 100% confident now, and I recommend this residential training to everyone who wants to learn it from the most capable and genuine healer....

- POSTED ON YOUTUBE



Dr Bindu S M
Award Winning
Oncologist, Kerala

I was in search of hypnotherapy and Past Life Regression training for long as I have lot of interest in this subject. I found this course and checked the youtube and google reviews about Rashhi and with god's grace I got a seat in the course. The course was of 5 day, and it started 9am daily and would end by 11 or 12.30 pm in night, but even at 12.30 pm we would be so fresh and we would say please don't stop!! None of us would be sleeping in the night. This course is conducted in this very beautiful location, Discovery resort. She has covered all the topics in depth and with plenty of examples from her own cases from India, Italy, US, Russia and for small children, people of all ages. And she covered also people with attachments, soul attachments how to handle. She spent 1 full day for development of Soul which was amazing. We got the certificate which is valid internationally, and we are 12 students from different parts of the world, Australia, Dubai, US. We feel like family and are feeling very sad to leave from here. I recommend this course to everyone who wants to get trained by the best, to come and experience it here. Thanks ... Angels

- POSTED ON YOUTUBE



Savita Ramesh
Spiritual Healer
DUBAI

I have attended Rashhi Sharma's PLR course. It was such a wonderful journey! She is an AMAZING person, a really really amazing person. And the course was, I would say, BEYOND, BEYOND what was mentioned in the manual or on the internet! The training was relay beyond expectations. The course was full of practical experiences and examples, and such a vibrant, vibrant atmosphere. All of us really had an amazing training, and we are proud, I am so proud that I had the opportunity to do this course with Rashhi Sharma. an Amazing Personality she is, an Amazing Healer, and really its an amazing experience, I really enjoyed it. I do recommend to whoever really wants to have a transformation, must really come and do this course or session with Rashhi Sharma. I am really blessed to be here. Thank you

- Posted on Youtube

Consciousness Lab





Learning is Fun here...
Amidst most wonderful Nature Resort, along with Nature
Walks, Movie watching, Bonfires and lot of intense Practice !!



MAKE A POWERFUL CHANGE BY HEALING.
HEAL YOURSELF AND THE WORLD ...

**“The less people know,
the more stubbornly
they know it.”**

Our goal is to provide the most comprehensive and integrated training for hypnotherapy, past life regression, future life progression and spiritual healing, which are infused with many years of our professional learnings and personal experience using the best available international tools designed by the most successful therapists on planet. We don't limit to one modality or approach, and understand that learning and growth has no boundaries.

We welcome you to join us on this path and would ensure that you grow and develop professionally and personally to always leap ahead.

- **Rashhi Sharma**

Consciousness Lab





BECOME A TOP THERAPIST

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LEARN THE **BEST**
INTERNATIONAL SKILLS

Professional & Advanced
Level **Training** for
PLR/Hypnotherapy/FLP

We are Happy to Launch
our

Professional Training, December 2019 Batch
for

Hypnotherapy & Past Life Regression



Contents

- **Integrated Hypnotherapy and PLR Practitioner Course**
- **Three Certifications and Most Amazing Experience**
 - Hypnotherapist Practitioner Certification
 - PLR Therapy Practitioner Certification
 - One year Associate Certification*
- **Training Contents**

*This is provided when you join our Associate Program



Join us and Leap Ahead !



Integrated Hypnotherapy and PLR Practitioner Course

Learn and Experience Hypnotherapy and Past Life Regression to become a Professional Regression Therapist or for your own personal, physical and spiritual growth.

Hypnotherapy and Past Life Regression when combined together as a single unit become what we term as "Age Regression".

"Hypnotherapy"

is globally recognized as one of the most powerful, natural, and holistic tool to bring about the desired changes in our lives which can reprogram our subconscious mind to shed off all the negative and destructive behaviors and rewire it for positive, constructive and successful changes. Hypnotherapy is the original basis for the numerous new age techniques ranging upto Neuro Linguistic Programming(NLP) and Mind Mapping techniques. It's globally accepted that a very solid foundation in Hypnosis is a must for holistic healing. PLR without solid foundation in hypnotherapy is like a half baked product. Best professional institutes of PLR, do not even teach PLR without a good hypnotherapy certification and extensive experience. This is the reason that our all training courses combine Hypnotherapy as an essential element.

"Past Life Regression"

The training would provide all the most essential concepts, tools, illustrations and extensive practice opportunities to ensure that all participants master the skills needed to start their own professional practice.

The training would provide an amazing spiritual experience for lifetime, as you would also explore your past lives and can gain spiritual wisdom during your stay with us.



What you get?

- **Training Completion Certificate** which provides you with 50 hrs of classroom training, from Soul Consciousness Lab.
Validity: International, for life time, enables to work as a Professional PLR Therapist. The contact hours are valid Globally.
- **Accreditation and Certification from IPHM, U.K. ,** which provides you with international License to practice PLRT anywhere in the world.
Validity: International, for life time, enables to work as a Professional PLR Therapist.
- **Optional Membership with IPHM, U.K.**
Validity: International, for life time, enables to work as a Professional PLR Therapist.
- **Lifetime membership and support with Soul Consciousness Lab, enables you to start your profession, get discounts for other training courses.**
Validity: International, for life time,
- **Option to avail Insurance benefits from IPHM, U.K.**
Validity: International, for life time.



Integrated Hypnotherapy and PLR Practitioner Course

COURSE CONTENT

The below is a very high level of course content. The actual training content is very exhaustive, highly practical and 100% experiential. It infuses all the experience and best available techniques. Extensive practice and real work is included.

All the content is Original and Copyrighted by "Soul Consciousness Lab @". No duplication or use is permitted.

- Introduction to hypnosis and past life regression
- Hypnosis and Mind
- Brief history in classical approaches
- Hypnotic Inductions, Suggestions, and Deepening Techniques
- What your client brings to the session
- Ways to interview your client both pre- and post-session
- How to chart and understand patterns of behavior
- How our MIND, BODY and SOUL Works and functions, and which levels of Mind you're working with in Past and Present Life Regression/Age Regression
- Subconscious mind and the importance of memory
- How Human mind works and How memories are stored and accessed.
- Theory of Karma
- How Soul Progress and Evolve
- Blue print of Soul's odyssey
- How to find RCA and Theme Pattern of lives
- Different Methods used for Past Life Regression – guided visualization, progressive relaxation, confusion etc.
- Using Hypnosis to explore Past Lives. Finding various blocks during the past life. How to find the source of present-day problems from past lives
- How to transform unresolved events in Past Lives for a therapeutic result in the client's current life
- Death and its importance as a resting time
- The inter-life – soul aspects, soul purpose and "helpers"(spirit guides, other souls etc)
- Using time tunnel to locate relevant current life
- Memories, bridge back to the original source of a problem, and navigate between relevant past lives



- How to Interview and how to gather information and symptom
- What to ask and why
- Advanced Hypnotic Language patterns
- Educating the client, expectation setting and goals for Past
- Transformation techniques, including how to safely and permanently transform the memory of a traumatic event in a past life, or the current life
- Basic techniques for working with intrusive energies.
- How to deal with important metaphysical situations that can arise which could include how to talk to negative entity attachments and release them safely
- Spirit counseling and communication that includes contact with souls from past lives, spirit guides, deceased loved ones
- Practice safe and successful past life regression therapy
- How to access multiple past lives in one session
- How to release karmic complexes from the current life and past lives
- Soul-Mate/friend connections/Soul Family
- Using Past Life Regression to release and heal subconscious blocks, negative habits, phobias, recurring cycles, fears and pain
- Discovering Soul Agreements /Contracts/Vows
- How to remove blocks from the energy field
- Psycho-pomp Work *
- Divination *
- Dream Work *
- Basics of Future Life Progression*
- How to market PLRT practice

Note for * : These are advanced topics and discussed complimentary. The practice however must be done only after supervised practical training and gaining mastery.



Experience demonstrations

You will give and receive supervised regressions from your student group, each student practice as a therapist and get sessions as a client from other students- in a clinical environment. These sessions are powerful, healing and potentially life changing. These are part of learning experience.

Rashhi won't conduct any personal or one to one sessions with any of the students. It's not a therapy workshop!

All the needed topics would have live practical demonstrations- .

Even though the hypnosis material taught is extensive, students are cautioned that this class will only qualify them to use hypnosis for the purpose of past-life regression, as an adjunct to their current professional work. Much more training is necessary to hypnotize people safely for any other issues, including present-life regression and healing.



100% RESIDENTIAL TRAINING IN PRISTINE ECO RESORT

- Full Cost of Accommodation and Food covered,
- Training with Retreat: Immerse yourself in pristine natural surroundings, world class facilities. Far away from the chaos of city life, enjoy the training fully and experience the unfolding of your spiritual journey.
- Practice extensively in calm, natural surroundings.
- Interact and bond with your training group, it would make life long bondings and help everyone to grow together. Learn to be open to infinite possibilities of Soul.
- Be with your trainer whenever you need. No other training provides such attention and interaction opportunity. Your trainer stays with you!
- Though the official timings are 9-6pm, there would be exercises, discussions, video programs till late night!

--- SO BE PREPARED TO WORK HARD.. AND BELIEVE THAT YOU WOULD ENJOY!!!



Discovery
Village

www.discoveryvillage.in



Pure Nature!!!

Connect With Your Soul While Training !



Integrated Hypnotherapy and PLR Practitioner Course

KNOW YOUR TRAINER

Rashhi Sharma is an internationally certified therapist, a Master Hypnotist, who is an Advanced Level Expert in :

- Hypnotherapy
- Past Life Regression
- Life Between Lives, The Michael Newton Institute, USA
- Future Life Progression
- Intuition Expert
- Psychic Abilities
- Shamanic Healing
- Shadow Work

She has trained and worked in USA, UK, Italy, Dubai, Indonesia & Thailand with the best and the top therapists/trainers of the world. Her mentors include.

- Dr. Brian Weiss (USA)
- Paul Aurand (USA)
- Calvin D Banyan (USA)
- Anne Jirsch (UK)
- Kevin D Turner (USA/Indonesia/Thailand)

She is #3 in India to be selected and trained by The Michael Newton Institute, TNI(USA) for LBL, the Gold Standard in PLR internationally. The Most Advanced Training you can attend!

She is an NGH (National Guild of Hypnotists, USA) certified master hypnotherapist. She has been an earnest seeker of the Ultimate Truth and an avid meditator from past 30 years.

Rashhi believes in and immensely respects the vast and incomprehensible diversity we have in Mother Nature. As no two individuals are same in the world, even if they are twins, similarly a single healing approach can never help all of us. The healing approach and modality must be completely different, and 100% custom and individualistic for each and everyone. For this very profound reason, a healer or therapist must be proficient in multiple modes of healing, and should be naturally able to chose a specific modality or multiple modes as per the need. The real therapist is able to adapt the techniques, and device NEW healing approaches as well with experience.

She has spent more than 5 years in rigorous training and has practiced globally.



Rashhi Sharma, MHT(USA), CHt(USA). FLP Dip(UK)

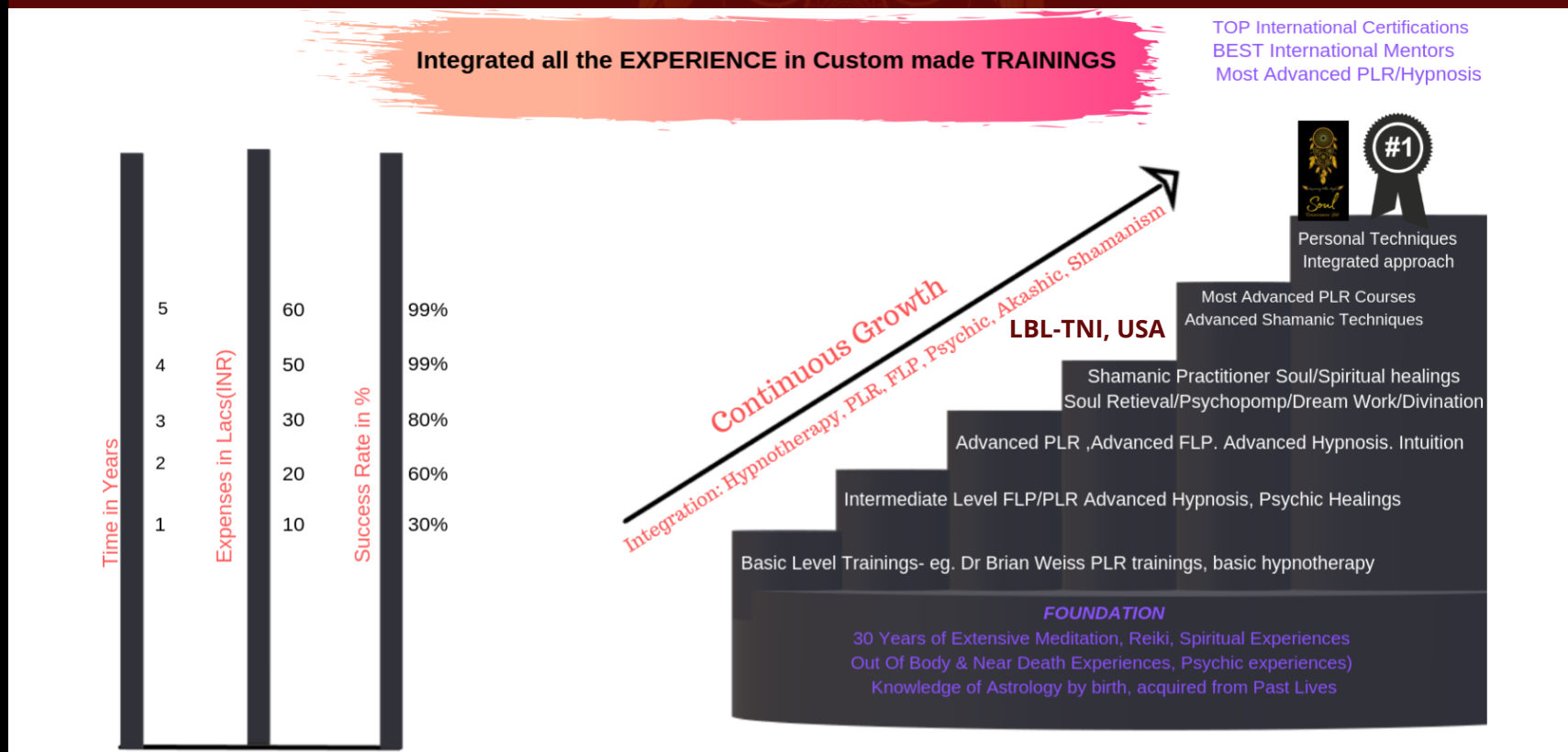


Integrated Hypnotherapy and PLR Practitioner Course

WHAT ARE YOU TAKING AWAY FROM THE TRAININGS

The below summarizes the takeaways and the investments of time and money you need to make to get these results. Our trainings ensure that you learn the best of the best, and provide you with the highest returns on investment of precious time and money.

We don't believe in one stop, and encourage you to learn as much as possible whenever possible, and make learning a habit, and always keep yourself upgraded and open to explore.



Highest Returns...



Join Us today, Enroll for the Training!
Realize Your Dreams!!!

